

## Rules & Regulations

The tournament will be played in accordance with the latest FIH Rules of Hockey 5s, with the exception of match duration (see below). Tournament fixtures are attached for your reference.

### Match Duration

- Each match will consist of one single period of 10 minutes
- There will be no halftime interval
- Teams must remain pitch-side and ready to play immediately after the preceding match concludes to ensure the schedule runs smoothly.

### Tournament Structure & Eligibility

#### 1. Division Categories

The tournament consists of four divisions, each comprising four teams only:

- Premier Division
- Division 1
- Division 2
- Division 3 & 4

#### 2. Tournament Format

Each division will follow a two-stage format:

##### Stage 1 – Round Robin

- Each team will play against the other three teams in their division.
- Rankings (1st to 4th) will be determined based on results.

##### Stage 2 – Placement Matches

- Championship Final: 1st Place vs 2nd Place

Classification Match: 3rd Place vs 4th Place

### 3. Player Eligibility & Registration Rules

- Players must remain within their registered division throughout the tournament.
- Players are strictly prohibited from representing more than one team.
- A player registered in one division may not play in another division under any circumstances.
- Any team fielding an ineligible player will face immediate disqualification from the match

### 4. Team Composition

- A maximum of 10 players may be registered per team.
- Goalkeeper Requirement: In accordance with FIH Hockey 5s rules, every team must have a goalkeeper on the pitch at all times during play.
- Each team must bring two sets of playing kits to avoid colour clashes.

### Registration Requirements

Due to scheduling constraints, only four teams per division can be accommodated.

- Registration is strictly on a first-come, first-served basis
- The registration deadline is 12:00 noon, 19 March 2026
- please submit your team name, teamlist and colors

### On the Day of the Tournament

To ensure a smooth process:

- Each team must send a representative to the pitch 30 minutes prior to the start of their division's scheduled time
- The representative must:
  - Complete the registration form.
  - Present the official HockeyHK registered team list with colour photos.
  
- A compulsory umpire briefing will also take place 30 minutes before each division begins for all registered umpires.